

[1. Your Safety - WA Government - Western Australia Police](#)

https://www.police.wa.gov.au/Your-Safety_Tweet

4 out of 5 stars

Australia, WA Creator: WA Government -

Western Australia Police Last reviewed:

31/08/2018

Review: Information about the WA Police role and contacts for help around a number of personal and public safety and legal issues including safe partying, youth, alcohol and other drugs, drink spiking, safety for seniors and strategies to reduce crime. Parents and young people should note there is a link provided to register parties with the police.

Tags: [Crime](#), [Drink spiking](#), [Information](#), [Law](#), [Police](#), [Safe partying](#), [Seniors](#), [Youth](#)

[2. NSW Service for Treatment and Rehabilitation of torture and trauma survivors](#)

<http://www.startts.org.au/> [Tweet](#)

5 out of 5 stars

Australia Creator: NSW Service for Treatment and Rehabilitation of torture and trauma survivors Last reviewed: 22/03/2019

Review: Provides a range of services to respond to the needs of refugees who have often experienced multiple levels of trauma which impact across all areas of their life, mental health, wellbeing and community. Services include culturally appropriate counselling and therapy (for individuals, families and groups), peer mentoring and self-help groups, health education, alternative treatments, psychiatric assessments, referrals and case management. Additional activities are provided and promoted for the vulnerable groups of children, youth and seniors. Training is available to professionals working with multicultural clients.

Tags: [Children](#), [Counselling](#), [Mental health](#), [Multicultural](#), [Peer support](#), [Referrals](#), [Research](#), [Seniors](#), [Training](#), [Youth](#)

[3. Head to Health - Healthdirect Australia](#)

https://headtohealth.gov.au/?utm_source=mindhealthconnect&utm_medium=301

[Tweet](#)

5 out of 5 stars

Australia, National services Creator: Healthdirect

Australia Last reviewed: 18/12/2018

Review: A gateway to mental health and wellbeing information and support for individuals suffering from mental illness, carers and health professionals. Provides comprehensive information on mental health and comorbidity in relation to specific drugs. Offers online assessment tools and practical self help guidance. Additional information for specific populations including Indigenous, GLBTIQ, rural and remote, youth, parents, seniors, multicultural, men and women.

Tags: [Assessment](#), [Carers](#), [Children](#), [Comorbidity](#), [Consumers](#), [GLBTIQ](#), [Health promotion](#), [Indigenous](#), [Libraries](#), [Men](#), [Mental health](#), [Multicultural](#), [Online](#), [Professionals](#), [Rural and remote](#), [Self-help](#), [Seniors](#), [Service directories](#), [Women](#)

[4. Smoking and tobacco - The Canadian Lung Association](#)

<https://www.lung.ca/lung-health/smoking-and-tobacco> [Tweet](#)

4 out of 5 stars

Canada Creator: The Canadian Lung

Association Last reviewed: 18/10/2018

Review: A great quit smoking, self-help website. In addition to the expected general information about tobacco and the health risks to consumers and others, are excellent sections on 'planning towards a quit date', and 'side-effects'. This site is useful for consumers, support personnel and health workers. The site also has appeal for a wide range of ages from youth to seniors. Summaries of lung and addiction research are located within the site. Medical and health professionals will appreciate the section on advocacy tools.

Tags: [Addiction](#), [Advocacy](#), [Consumers](#), [Information](#), [Medical](#), [Prevention](#), [Research](#), [Resources](#), [Self-help](#), [Seniors](#), [Tobacco](#), [Youth](#)

[5. NSW Elder Abuse - Helping and Resource Unit](#)

<http://www.elderabusehelpline.com.au/> [Tweet](#)

4 out of 5 stars

Australia, NSW Creator: NSW Elder Abuse helpline and resource unit Last reviewed: 01/03/2018

Review: Support services, including a telephone helpline for people living in NSW, which provides information and referrals for seniors who are victims of psychological, financial, sexual, neglect or physical abuse. There is a PDF Toolkit which includes a section on risk factors for abuse. This section clearly identifies alcohol, substance or polydrug use (including prescription and OTC medications) abuse as significant risk factors. An excellent information site for professionals, GP's, families and carers.

Tags: [Abuse & violence](#), [Carers](#), [Families](#), [Helpline](#), [Information](#), [Polydrug use](#), [Professionals](#), [Seniors](#), [Telephone](#)

[6. Services - Perth Clinic](#)

<http://perthclinic.com.au/services/> [Tweet](#)

1 out of 5 stars

Australia, WA Creator: Perth Clinic Last reviewed: 11/07/2018

Review: Provides inpatient and outpatient therapeutic services and education regarding mental health and alcohol dependence plus targeted programs for seniors and adolescents. The alcohol and drug treatment program offers detox, acute therapy program and relapse management and prevention program.

Tags: [Alcohol](#), [Assessment](#), [Carers](#), [Comorbidity](#), [Detox](#), [Medical](#), [Mental health](#), [Professionals](#), [Rehab](#), [Residential treatment](#), [Seniors](#), [Youth](#)

[7. Center for the Application of Prevention Technologies - Substance Abuse and Mental Health Services Administration \[SAMHSA\]](#)

<http://www.samhsa.gov/capt/> [Tweet](#)

4 out of 5 stars

USA Creator: Substance Abuse and Mental Health Services Administration [SAMHSA] Last reviewed: 09/10/2018

Review: Provides training, technical assistance and resources to prevent and reduce substance abuse, prescription medication misuse and associated public health issues across the lifespan. Excellent resource for evidence-based prevention initiatives. A go-to site to access current news and research links that provide clinical and community evidence-based prevention. Particularly interesting research on prescription misuse in older adults and youth drinking behaviours.

Tags: [Comorbidity](#), [Databases](#), [Events](#), [Mental health](#), [Polydrug use](#), [Prevention](#), [Professionals](#), [Research](#), [Resources](#), [Seniors](#), [Training](#), [Youth](#)

8. Drug and substance abuse -

HealthinAging.org

<http://www.healthinaging.org/aging-and-health-a-to-z/topic:drug-and-substance-abuse/> [Tweet](#)

4 out of 5 stars

USA Creator: The American Geriatrics Society (AGS) Last reviewed: 12/09/2018

Review: General information about alcohol, drug and substance use, misuse and abuse targeted to senior adults. Good direction to encourage consumers to ask professionals to clarify what potential impacts or complications might arise when aiming for the medical use of over-the-counter, prescription and/or herbal preparations. Resources for professionals and carers offered via related links to a broad-based directory of health issues affecting older adults.

Tags: [Alcohol](#), [Clinical guidelines](#), [Medical use](#), [Research](#), [Seniors](#)

[9. Alcohol and other drug services - Peninsula Health](#)

<http://www.peninsulahealth.org.au/services/services-a-e/alcohol-drug-services/> [Tweet](#)

4 out of 5 stars

Australia, VIC Creator: Peninsula Health Last reviewed: 19/03/2018

Review: Links to peer support groups, medical clinics, drink or drug drive services, safe injecting needle deposit locations, youth services and other early intervention and treatment services for people who use drugs. Targeted programs available for older adults and young people. Services are available in different locations throughout the peninsula.

Tags: [Diversion](#), [Drivers](#), [Early intervention](#), [Families](#), [Offenders](#), [Outreach](#), [Peer support](#), [People who use drugs](#), [Referrals](#), [Rehab](#), [Resources](#), [Safe injecting](#), [Seniors](#), [Youth](#)

[10. Department of Health - Australian Government](#)

<http://www.health.gov.au/> [Tweet](#)

4 out of 5 stars

Australia Creator: Australian Government

—Department of Health Last reviewed:

26/12/2016

Review: Access to federal government initiatives to address alcohol and other drugs, and mental health issues through a range of strategies involving campaigns, research, policies, grants, media, websites and information resources. Use the search tool to access current initiatives such as the crystal methamphetamine (ICE) campaign, the tobacco Quit Buddy, the debate on medical use of cannabis and current strategies to reduce the risky consumption of alcohol. The site has both general interest components and sections targeted specifically to health professionals.

Tags: [Alcohol](#), [Amphetamines](#), [Campaigns](#), [Cannabis](#), [Government](#), [Indigenous](#), [Information](#), [Jobs](#), [Medical use](#), [Policy](#), [Professionals](#), [Seniors](#), [Statistics](#)

