

[1. Frontyard](#)

<http://www.frontyard.org.au/> [Tweet](#)

0 out of 5 stars

Australia, VIC Creator: Melbourne City

Mission Last reviewed: 27/05/2018

Review: Wrong URL see below

Tags: [you](#)



[2. Counselling Online](#)

<http://www.counsellingonline.org.au> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:

Turning Point Last reviewed: 29/03/2018

Review: Free online, self-help text-based counselling service. Available twenty-four hours, seven days a week for people who use alcohol and other drugs, their family and friends and the broader Australian community. CounsellingOnline can be accessed from any computer or mobile device and is particularly user-friendly for people living in rural and remote areas. In addition, there are alcohol and other drug resources, a self-assessment link, referral services and articles for professionals. Important: The online environment may not be suitable in a crisis situation. If you are seeking help for a medical emergency or crisis involving personal safety (e.g. suicidal feelings, domestic violence or concern about harm to others), please contact the 24-hour alcohol and drug service DirectLine on 1800 888 236.

Tags: [Assessment](#), [Consumers](#), [Counselling](#), [Families](#), [Information](#), [Online](#), [People who use drugs](#), [Referrals](#), [Rural and remote](#), [Self-help](#), [Telephone](#)

[3. Is your drinking OK? - Alcohol.org.nz](#)

<http://www.alcohol.org.nz/help-advice/is-your-drinking-ok> [Tweet](#)

5 out of 5 stars

New Zealand Creator: Health Promotion

Agency - Alcohol.org.au Last reviewed:

17/08/2017

Review: Access to information, resources and the opportunity to take an online self assessment test to see if you are drinking at risky or dangerous levels. The site also includes harm reduction strategies and information to better understand the symptoms of addiction and different types of treatment and interventions. Targeted to consumers and family members who are concerned about the drinking behaviours of a loved one.

Tags: [Alcohol](#), [Consumers](#), [Families](#), [Harm reduction](#), [Health promotion](#), [Information](#), [Self-help](#)

[4. Alcohol — Love Your Liver](#)

<http://loveyourliver.com.au/alcohol/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:

Hepatitis Australia Last reviewed:

12/12/2018

Review: Easy-to-understand general information about the impacts of alcohol on the liver. Includes descriptions of 'alcohol and fatty liver', 'alcohol hepatitis', 'cirrhosis', 'alcohol and viral hepatitis', and references the national alcohol guidelines. Other sections of the website include useful tips for liver health, information about substances that are toxins to livers, and recipes which promote liver health. If you are concerned about the possible health impacts of alcohol consumption for yourself or or someone else it is important to seek professional medical tests and advice.

Tags: [Alcohol](#), [Health promotion](#), [Information](#)

[5. National Cannabis Prevention and Information Centre \(NCPIC\)](#)

<https://ncpic.org.au/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:
National Cannabis Prevention and Information
Centre (NCPIC) Last reviewed:

28/03/2018

Review: Peak body with up-to-date information, fact sheets, research, prevention and early intervention materials, a telephone helpline, a free self-help quit app and a user-friendly blog about cannabis (including synthetic cannabinoids) and related substances. The concerns and needs of parents and indigenous people are particularly noted and addressed with resources and forums. This is the go-to site if you or someone you know is using any cannabis product and you are concerned about possible health effects or legal issues. Excellent targeted information for professionals in the alcohol and other drugs area, employers, teachers, counsellors, nurses, GPs, pharmacists and those in the criminal justice system.

Tags: [Assessment](#), [Cannabis](#), [Counselling](#), [Curriculum](#), [Indigenous](#), [Information](#), [News](#), [Online](#), [Prevention](#), [Professional development](#), [Professionals](#), [Research](#), [Teachers](#), [Youth](#)

[6. Global Drug Survey \(GDS\)](#)

<https://www.globaldrugsurvey.com/> [Tweet](#)

5 out of 5 stars

International Creator: Global Drug Survey
(GDS) Last reviewed: 16/01/2018

Review: Using anonymous on-line research tools, designed and analysed by leading experts in the fields of epidemiology, addiction, criminology, toxicology and sociology GDS has access to drug use data from over 500,00 people in 50 countries. Sampling frame allows you to explore different population groups and specific topics to assist with more targeted education.

Tags: [Consumers](#), [Professionals](#), [Research](#),
[Statistics](#)

[7. Community alcohol limits - Department of Aboriginal and Torres Strait Islander Partnerships - Queensland Government](#)

<https://www.datsip.qld.gov.au/programs-initiatives/community-alcohol-limits> [Tweet](#)

5 out of 5 stars

Australia, QLD Creator: Queensland

Government Last reviewed: 28/03/2017

Review: Outlines the alcohol restrictions in place in Aboriginal and Torres Strait Islander communities across Queensland. The restrictions aim to help improve the health and well-being of all people living in these communities. The restrictions either ban or limit the amount and type of alcohol you can take into a community.

Tags: [Alcohol](#), [Government](#), [Harm reduction](#), [Indigenous](#), [Rural and remote](#), [Strategy](#)

[8. Your Room - Alcohol and drug information - NSW Health and St Vincent's Alcohol and Drug Information Service](https://yourroom.health.nsw.gov.au/Pages/home.aspx)

<https://yourroom.health.nsw.gov.au/Pages/home.aspx>
[Tweet](#)

4 out of 5 stars

Australia, NSW Creator: NSW Health and St Vincent's Alcohol and Drug Information Service Last reviewed: 19/10/2018

Review: Interactive site for young people with Australia's most up-to-date links and information about alcohol and other drugs. If you have, or someone you care about has, an issue with drinking or other substances, this site provides Helpline contacts, facts, a comprehensive 'FAQ' section, glossary of terms, an online request form for confidential individual help, and access to harm reduction resources. Specific information for parents and additional indigenous-friendly resources. A must-see site for young people, students, families, and AOD and public health professionals.

Tags: [Campaigns](#), [Communities](#), [Events](#), [Families](#), [Indigenous](#), [Information](#), [Referrals](#), [Students](#), [Telephone](#), [Youth](#)

[9. WhatWorks4U.org - Population Mental Health Group](#)

<http://www.whatworks4u.org/> [Tweet](#)

4 out of 5 stars

International Creator: The Melbourne School of Population and Global Health (MSPGH), Australia. Last reviewed: 09/10/2018

Review: Peer exchanges of experiences of what works in the real world to improve mental health. A bit difficult to manoeuvre through the site to the section showing feedback and responses.

Interesting information and ideas if you can get there or alternatively use the contact link for more specific detail. Designed as a self-help tool for youth experiencing mental health issues but equally interesting for health professionals. Aims to improve treatment, prevention and early intervention. The non-threatening, interactive nature of this site provides researchers based in Australia access to international data while providing the participants with 24/7 peer support and good ideas to nurture good mental health.

Tags: [Comorbidity](#), [Early intervention](#), [Information](#), [Mental health](#), [Online](#), [Peer support](#), [Professionals](#), [Research](#), [Self-help](#), [Youth](#)

[10. Young Adult Health—Drugs and alcohol - Women's and Children's Health Network](#)

<http://www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=240&np=297&id=2098> [Tweet](#)

2 out of 5 stars

Australia, SA Creator: SA Government - SA Health - Women's and Children's Health Network Last reviewed: 09/10/2018

Review: Unfortunately this site lacks immediately obvious resources about alcohol, drugs or mental health. However, it has links to excellent resources and publications under the 'Resources' tab, practical resources and links for young parents, and the 'Services' section provides links to services for young people, their families and professionals who work with youth and young adults aged 18–25. If you are needing health services located anywhere in South Australia, this site can help if you are prepared to move in and out of this page.

Tags: [Early intervention](#), [Information](#), [Mental health](#), [Prevention](#), [Safe partying](#), [Youth](#)

