

[1. Trimbos Institute](#)

<http://www.trimbos.org/> [Tweet](#)

5 out of 5 stars

Netherlands Creator: Trimbos Institut Last reviewed: 12/09/2018

Review: Dutch institute for research into mental health, comorbidity, resilience and addiction. Information is digitised and shared in multiple languages to assist in the improvement of policy guidelines, prevention strategies, assessment and clinical guidelines. The Institute has a strong presence internationally with a prolific publishing record having staff members being the authors or co-authors of more than 200 publications per year. The international eHealth initiatives include innovative portals on alcohol and health with a web-based self-help intervention tool - useful for AOD professionals working with multicultural clients.

Tags: [Addiction](#), [Assessment](#), [Clinical guidelines](#), [Comorbidity](#), [eHealth](#), [Mental health](#), [Multicultural](#), [Policy](#), [Prevention](#), [Professionals](#), [Research](#), [Self-help](#), [Strategy](#)

[2. Penington Institute](#)

<http://www.penington.org.au/> [Tweet](#)

5 out of 5 stars

Australia, VIC Creator: Penington Institute

Last reviewed: 11/07/2018

Review: Raises awareness and promotes policy and practices within a whole of community approach to prevent and reduce harm associated with problematic drug use. Links to eHealth resources, news and bulletins. A good site for medical professionals or AOD counsellors looking for information to use with consumers, carers or families. The site includes interesting video clips with practical information about the use of pharmacotherapy products to help overcome the effects of heroin overdose.

Tags: [Addiction](#), [Communities](#), [Education](#), [eHealth](#), [Events](#), [Harm reduction](#), [Heroin](#), [Medical](#), [News](#), [Overdose](#), [Pharmacotherapy](#), [Policy](#), [Prevention](#), [Professionals](#), [Resources](#), [Strategy](#), [Workplaces](#)

[3. Quitline - Cancer Council SA](#)

<https://www.cancersa.org.au/quitline-sa> [Tweet](#)

5 out of 5 stars

Australia, SA Creator: Cancer Council SA

Last reviewed: 03/07/2018

Review: A central information and guidance hub for all enquiries related to tobacco cessation and prevention programs for consumers living in South Australia. Provides access to online eHealth, education, policy and information resources targeting schools, health practitioners, workplaces, consumers and the general community. Tips and practical guidance on quitting. Information available in multiple languages.

Tags: [Campaigns](#), [Consumers](#), [eHealth](#), [Information](#), [Online](#), [Peak bodies](#), [Prevention](#), [Professionals](#), [Resources](#), [Self-help](#), [Telephone](#), [Tobacco](#), [Workplaces](#)

[4. EverFi](#)

<https://everfi.com/> [Tweet](#)

5 out of 5 stars

USA Creator: EverFi Last reviewed:
03/07/2018

Review: Cutting edge eHealth options for students, teachers, workplaces and communities. Includes evidence-based online alcohol counselling, curriculum, news, prevention and education options. Access to tools, strategies, professional development, blogs and journal articles which promote learning about reducing alcohol, prescription and illicit drug related risks. This is a commercial site with full payment required for full access to all resources.

Tags: [Alcohol](#), [Education](#), [eHealth](#), [Journals](#),
[Mental health](#), [Online](#), [Professional](#)
[development](#), [Resources](#), [Schools](#), [Strategy](#),
[Students](#), [Teachers](#), [Universities](#), [Workplaces](#)

[5. eheadspace](#)

<https://www.eheadspace.org.au/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:

headspace National Youth Mental Health

Foundation Last reviewed: 16/11/2016

Review: A confidential, free and secure space where young people 12 - 25 or their family can online chat, email or speak on the phone with a qualified youth mental health professional. This easily accessible eHealth service provides excellent support for young people experiencing alcohol, other drug, bullying or mental health problems. It is also an accessible option for young people who are living in rural or remote parts of the nation. Once registered, gives access to online support and counselling 7 days a week throughout Australia.

Tags: [Comorbidity](#), [Counselling](#), [eHealth](#), [Mental health](#), [Online](#), [Prevention](#), [Rural and remote](#), [Youth](#)

[6. Center for Interventions, Treatment and Addictions Research - Wright State University](#)

<http://medicine.wright.edu/citar> [Tweet](#)

4 out of 5 stars

USA Creator: Wright State University Last reviewed: 06/09/2018

Review: Conducts research into understanding substance abuse intervention and management in small cities, suburbs and rural communities. Access to project outlines and publications. Cutting edge work around better understanding the use and abuse of illicit substances; the use and misuse of pharmaceuticals; the impact of eHealth information on the accurate knowledge and understanding of the impact of substances by consumers; opioid trajectories; and substance abuse resources for people with disabilities. A good site for medical or AOD professionals looking for evidence-based research when developing clinical plans.

Tags: [Communities](#), [Disabilities](#), [eHealth](#), [Heroin](#), [Pharmaceuticals](#), [Research](#), [Rural and remote](#), [Students](#)

[7. Australian Medical Association \(AMA\)](#)

<http://www.ama.com.au/> [Tweet](#)

4 out of 5 stars

Australia Creator: Australian Medical Association (AMA) Last reviewed:

03/07/2018

Review: Peak body for medical professionals. Access to research, professional development, campaigns, newsletters, advocacy for member and patient issues, and position papers on Indigenous health, alcohol and other drug treatments, youth, eHealth, mental health and rural health. Use the search tool to access position statements or media releases on specific topics.

Tags: [Advocacy](#), [Associations](#), [eHealth](#), [Indigenous](#), [Journals](#), [Medical](#), [News](#), [Peak bodies](#), [Policy](#), [Professional development](#), [Professionals](#), [Rural and remote](#), [Youth](#)

[8. Alcohol Help Center - Evolution Health](#)

<http://www.alcoholhelpcenter.net/> [Tweet](#)

4 out of 5 stars

USA Creator: Evolution Health Systems Inc

Last reviewed: 15/04/2018

Review: An evidence-based eHealth program developed to provide online access to information, assessment, cognitive behaviour therapy, moderated support groups, motivational exercises and email support to address self-assessed problem drinking. The program is free but requires email registration.

Tags: [Alcohol](#), [Assessment](#), [Binge drinking](#),
[Consumers](#), [eHealth](#), [Information](#), [Online](#),
[Resources](#), [Self-help](#)

[9. Clearing the Cloud - National Drug and Alcohol Research Centre](#)

<http://www.clearingthecloud.org.au/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:

National Drug and Alcohol Research Centre Last reviewed: 14/05/2018

Review: An international research portal with innovative evidence-based online prevention, treatment and information self-help programs for people with addiction or dependence issues, or are experiencing depression, anxiety, psychosis or trauma. Access to free, online short-term targeted programs and information booklets on comorbidity and drug education for students, teachers and parents, and people who use drugs. Programs can also be used with the support of counselling professionals.

Tags: [Addiction](#), [Comorbidity](#), [Counselling](#), [Education](#), [eHealth](#), [Families](#), [Information](#), [Mental health](#), [Online](#), [People who use drugs](#), [Prevention](#), [Rehab](#), [Research](#), [Resources](#), [Self-help](#), [Students](#), [Teachers](#)

[10. Generation Next](#)

<http://www.generationnext.com.au/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:

Generation Next Last reviewed: 14/03/2018

Review: An independent organisation providing professional development for teachers, nurses and public health professionals through different mediums. Committed to promoting the health and wellbeing of Australian young people by accessing and sharing cutting-edge national and international child and adolescent practical learning or social health successes or research. Has access to a huge speaker bank of professionals with expertise in adolescent health and wellbeing. Presentations are able to be watched online. Free online subscription to a weekly online e-news bulletin. Targets parents, teachers and health professionals. Access mental health, alcohol and drug-specific topics through the search engine.

Tags: [Comorbidity](#), [eHealth](#), [Events](#), [Families](#), [Mental health](#), [News](#), [Online](#), [Parents](#), [Professional development](#), [Professionals](#), [Teachers](#), [Youth](#)

