

[1. Substance Use Screening and Assessment Instruments Database - Alcohol and Drug Abuse Institute](#)

<http://lib.adai.washington.edu/instruments/> [Tweet](#)

4 out of 5 stars

USA Creator: University of Washington, Alcohol and Drug Abuse Institute Last reviewed:

18/09/2017

Review: A database designed to help clinicians and researchers find instruments for screening and assessment of substance use and substance use disorders. Some instruments are in the public domain and can be freely downloaded from the web; others can only be obtained from the copyright holder. Note, the site only provides the links to contacts rather than the instruments themselves. Professionals and researchers are invited to submit their customised instruments or to offer corrections to those already included.

Tags: [Addiction](#), [Assessment](#), [Comorbidity](#), [Databases](#), [Professionals](#), [Research](#), [Screening](#)

[2. Screening and Assessment -Drug and Alcohol Clinical Advisory Service \[DACAS\]](#)

http://www.dacas.org.au/Clinical_Resources/Screening_and_Assessment.aspx
[Tweet](#)

4 out of 5 stars

Australia, VIC Creator: Turning Point Alcohol & Drug Centre - Drug and Alcohol Clinical Advisory Service Last reviewed: 17/05/2018

Review: Archived site with general information about a variety of screening and assessment tools including AUDIT (Alcohol Use Disorders Identification Test), The Kessler 10, and FRAMES (a brief intervention for harmful or risky drinking). The information can be downloaded in PDF format. Useful for consumers, their families, friends or carers to read to better understand the possibilities for intervention.

Tags: [Assessment](#), [Carers](#), [Consumers](#), [Families](#), [Information](#), [Screening](#)

[3. The National Center on Addiction and Substance Abuse](#)

<http://www.centeronaddiction.org/> [Tweet](#)

5 out of 5 stars

USA Creator: The National Center on Addiction and Substance Abuse Last reviewed: 17/10/2018

Review: A national non-profit research and policy organisation focused on improving the understanding, prevention and treatment of substance use and addiction. Interdisciplinary experts collaborate to enable evidence-based research to influence clinical guidelines and other improvements in healthcare for people who use drugs, their families and the communities in which they live. This is an excellent site to source US statistics and data related to topical issues such as e-cigs and youth uptake of substances, or data related to screening, assessment and treatment. Most useful to social health and medical professionals, and teachers providing drug education curriculum.

Tags: [Addiction](#), [Assessment](#), [Clinical guidelines](#), [Communities](#), [Curriculum](#), [Families](#), [Medical](#), [People who use drugs](#), [Policy](#), [Prevention](#), [Research](#), [Screening](#), [Teachers](#)

[4. Alcohol Use Disorders Identification Test \(AUDIT\)](#)

<http://auditscreen.org/> [Tweet](#)

5 out of 5 stars

International Creator: JOHN B. SAUNDERS, MD, FRACP, FAFPHM, FACHAM, FRCP Last reviewed: 17/05/2018

Review: Based on data from a multinational World Health Organization collaborative study, the AUDIT (Alcohol Use Disorders Identification Test) questionnaire is a simple method of self-assessment and screening for excessive drinking and alcohol use disorders. It provides a framework for intervention to help risky drinkers reduce or cease alcohol consumption. The tool is particularly designed for health care practitioners, but with suitable instructions it can be self-administered or used by non-health professionals. This site is useful for professionals working with multicultural clients as it includes the AUDIT in downloadable PDF format in multiple languages.

Tags: [Alcohol](#), [Assessment](#), [Harm reduction](#), [Multicultural](#), [Screening](#), [Self-help](#)

[5. Co-occurring Disorders - Substance Abuse and Mental Health Services Administration](#)

<http://www.samhsa.gov/co-occurring/> [Tweet](#)

5 out of 5 stars

USA Creator: Substance Abuse and Mental Health Services Administration (SAMHSA) Last reviewed: 10/05/2018

Review: Peak body's position on comorbidity and the need for integrated treatment options. Links to national survey statistics and resources which provide clinical guidelines for professionals working with key groups at risk of co-occurring disorders - people in the criminal justice system, people experiencing homelessness, military personnel, and screening and assessment tools for use with patients accessing primary health care. Links to best practice in assessment and treatment of co-occurring disorders.

Tags: [Assessment](#), [Clinical guidelines](#), [Comorbidity](#), [Crime](#), [Homeless](#), [Peak bodies](#), [Professionals](#), [Resources](#), [Screening](#), [Statistics](#)

6. This way up

<http://www.gpcare.org/> [Tweet](#)

5 out of 5 stars

Australia, NSW Creator: St Vincent's Hospital

Last reviewed: 26/03/2018

Review: An evidence-based online self-help tool for people experiencing depression, anxiety or generally wishing to improve their mental health. The tool includes an online assessment and screening element which is individually analysed by psychologists working within the mental health unit at St Vincent's Hospital. Participants can then access complementary online worksheets, homework and a forum to encourage peer support. An excellent resource for people who are living in rural or remote locations. General practitioners and other medical professionals can support patients through the steps if required. Online training for professionals is available.

Tags: [Anxiety](#), [Assessment](#), [Clinical guidelines](#), [Depression](#), [Education](#), [Health promotion](#), [Mental health](#), [Online](#), [Peer support](#), [Professionals](#), [Screening](#), [Self-help](#)

[7. DontBottleItUp - HAGA](#)

<https://dontbottleitup.org.uk/> [Tweet](#)

5 out of 5 stars

UK Creator: HAGA Last reviewed:

18/01/2018

Review: Online screening tool allowing people to complete the Alcohol Use Disorders Identification Test (AUDIT). A simple way for individuals to identify the risk of harm from their drinking. The AUDIT is an accurate tool across multiple ethnic and gender groups. It addresses the amount and frequency of alcohol consumption, drinking behaviour and alcohol-related problems or reactions. The site also provides good, general information and tips on how to help someone else give up alcohol and how to reduce alcohol consumption. Included on the site is a link for an app, Free DrinkCoach, which can assist individuals to monitor their drinking behaviour at all times. The information uses UK statistics and guidelines but remains valid and useful for Australians.

Tags: [Alcohol](#), [Assessment](#), [Consumers](#), [Harm reduction](#), [Online](#), [Screening](#), [Self-help](#)

[8. Here to Help - Here to Help together with BC Partners](#)

<http://www.heretohelp.bc.ca/> [Tweet](#)

5 out of 5 stars

Canada Creator: Here to Help together with BC Partners Last reviewed: 28/12/2017

Review: Excellent site providing practical, self-help and screening resources for people who use drugs and are experiencing comorbidity or other mental health issues. Includes a range of topics, including possible side-effects of using pharmaceuticals and polydrug use.

Recommended for alcohol and other drug counsellors, health professionals, consumers and their families to help them plan for recovery. Resources and information available in multiple languages.

Tags: [Comorbidity](#), [Counselling](#), [Families](#), [Information](#), [Mental health](#), [Multicultural](#), [People who use drugs](#), [Pharmaceuticals](#), [Polydrug use](#), [Professionals](#), [Screening](#), [Self-help](#)

9. The Brief Addiction Science Information Source [BASIS]

<http://www.basionline.org/> [Tweet](#)

5 out of 5 stars

UK Creator: Cambridge Health Alliance - Division on Addiction together with Harvard Medical School Teaching Hospital Last reviewed: 18/12/2017

Review: An excellent site for medical clinicians and addiction specialists providing access to a computer-based system of screening tools for substance abuse problems. Extremely brief screens based on three questions and more comprehensive, longer screens are at the core of the BASIS products. Subscription is required to access both the screening tools and the Cambridge Health Alliance newsletter. All products are subject to ongoing research. A further link is provided for access to self-help tools. Access to e-news and current topics is free.

Tags: [Addiction](#), [Assessment](#), [Clinical guidelines](#), [Information](#), [Medical](#), [News](#), [Online](#), [Research](#), [Screening](#), [Self-help](#)

[10. Check your drinking - Evolution Health Systems](#)

http://www.checkyourdrinking.net/CYD/CYDScreenerP1_0.aspx

[Tweet](#)

4 out of 5 stars

Canada Creator: Evolution Health Systems Last reviewed:
21/01/2019

Review: Anonymous online screening and educational tool allowing individuals to check and monitor their alcohol drinking habits. At the completion of the survey consumers can print their results or email them to themselves or their health professional.

Developed by a company with an interest in developing and supporting community-based disease management programs.

The self-help tool is based on CBT (Cognitive Behaviour Therapy) principles. Please note, Canadian drinking guidelines have been used as the base to develop this screening tool.

Australian consumers should use as a guide only and consult a health professional if concerned.

Tags: [Alcohol](#), [Assessment](#), [Consumers](#), [Education](#), [eHealth](#), [Harm reduction](#), [Health promotion](#), [Online](#), [Screening](#), [Self-help](#)

