

[91. Is this safe when breastfeeding? - The Australian Breastfeeding Association](https://www.breastfeeding.asn.au/bf-info/safe-when-breastfeeding)

<https://www.breastfeeding.asn.au/bf-info/safe-when-breastfeeding> [Tweet](#)

4 out of 5 stars

Australia Creator: The Australian Breastfeeding Association Last reviewed: 18/12/2018

Review: Provides guidelines, information and practical tips on the use of alcohol, caffeine, over-the-counter, prescription medicines and tobacco use while pregnant. Information and tips for breastfeeding mothers. Access to a number of resources including a 24 hour helpline. While the website is not mobile friendly, there is a free mobile app available for breastfeeding mothers which provides guidelines and tips around the safety of drinking alcohol and feeding your baby.

Tags: [Alcohol](#), [Caffeine](#), [Children](#), [Health promotion](#), [Helpline](#), [Pharmaceuticals](#), [Prevention](#), [Resources](#), [Tobacco](#), [Women](#)

[92. Kids Now Program](#)

<http://www.kidsnowcanada.org/> [Tweet](#)

4 out of 5 stars

Canada Creator: Kids Now Program Last reviewed: 12/12/2018

Review: An after-school life skills building program for kids transitioning from primary to secondary school. Led by trained adult mentors, the program runs over 12 weeks following a curriculum designed to dovetail with what the kids will be learning in school during those times. Provides links to some resources on topics like wellbeing and parent resources.

Tags: [Curriculum](#), [Education](#), [Health promotion](#), [Parents](#), [Resources](#), [Schools](#), [Students](#), [Teachers](#)

**[93. Center for Evidence-Based Practices -
Case Western Reserve University](#)**

<https://www.centerforebp.case.edu/> [Tweet](#)

4 out of 5 stars

USA Creator: Case Western Reserve University

Last reviewed: 23/11/2018

Review: Assists individuals, organisations and service systems to gain capacity to implement, deliver, supervise and evaluate evidence-based practices to improve outcomes for individuals with co-occurring mental health and substance abuse disorders. Provides a portal with comprehensive professional development information on recommended practices and a database of clinical tools and other resources.

Tags: [Addiction](#), [Clinical guidelines](#),
[Comorbidity](#), [Professional development](#),
[Professionals](#), [Rehab](#), [Research](#), [Resources](#),
[Training](#)

[94. Families for Addiction Recovery \(FAR\)](#)

<https://www.farcanda.org/> [Tweet](#)

4 out of 5 stars

Canada Creator: Families for Addiction
Recovery (FAR) Last reviewed:

21/11/2018

Review: A registered charity established to support families and protect young people struggling with substance misuse. Access to information about drugs and addiction, an overview of different drug treatment options and practical strategies to support families. Useful resources and current news items covering public policy, treatment and research outcomes.

Tags: [Addiction](#), [Children](#), [Early intervention](#),
[Families](#), [News](#), [Parents](#), [Prevention](#),
[Resources](#), [Youth](#)

[95. Education Development Center](#)

<https://www.edc.org/> [Tweet](#)

4 out of 5 stars

USA Creator: Education Development Center

Last reviewed: 14/11/2018

Review: Produces publications, tools, curricula, projects, research and statistics on health issues such as substance use, HIV and mental health.

Resources reflect projects implemented in multiple countries. Use the search tool to locate specific choices. This resource is mostly useful for academics or social policy professionals.

Tags: [Curriculum](#), [Education](#), [Health promotion](#), [Information](#), [Multicultural](#), [Prevention](#), [Research](#), [Resources](#)

[96. Alcohol and other drugs - Middlesex-London Ontario Health Unit](#)

<https://www.healthunit.com/alcohol-and-other-drugs> [Tweet](#)

4 out of 5 stars

Canada Creator: Middlesex-London Ontario

Health Unit Last reviewed: 14/11/2018

Review: Canadian health services, available in both English and French. The page is populated with multiple health topics, one of which is AOD, and covers a range of AOD topics for each drug. There is information about safe partying and safe injecting with specific sections for parents, youth, pregnant women and professionals. Public health campaigns are also promoted on the site with links to excellent info-videos. PDF resources are available to be downloaded. Great comparative resources for teachers and public health professionals.

Tags: [Binge drinking](#), [Communities](#), [Information](#), [Parents](#), [Polydrug use](#), [Pregnancy](#), [Resources](#), [Safe injecting](#), [Youth](#)

[97. National Association of State Alcohol and Drug Abuse Directors](#)

<http://www.nasadad.org/> [Tweet](#)

4 out of 5 stars

USA Creator: National Association of State Alcohol/Drug Abuse Directors Last reviewed: 31/10/2018

Review: A not-for-profit collaborative, educational and evidence-based organisation. Provides reports on public policy, research and program development and a national prevention network. The network also provides cooperation between industry and medical professionals to ensure consistency and quality towards the medical use of prescription and over-the-counter drugs. Active membership is required for access to full reports and resources.

Tags: [Industry](#), [Information](#), [Medical](#), [Medical use](#), [Policy](#), [Prevention](#), [Professionals](#), [Research](#), [Resources](#), [Workplaces](#)

[98. Alcohol and other drugs - The Salvation](#)

[Army](#)

<http://www.salvationarmy.org.au/en/find-help/Alcohol-and-Other-Drugs/> [Tweet](#)

4 out of 5 stars

Australia, National services Creator: The Salvation Army Last reviewed: 24/10/2018

Review: Use the search tool to find alcohol and other drug or addiction services in your local area. Excellent information and The Salvation Army provides links to services, information directories and other resources that are developed by other organisations.

Tags: [Addiction](#), [Consumers](#), [Counselling](#), [Information](#), [Rehab](#), [Residential treatment](#), [Resources](#), [Safe injecting](#), [Service directories](#), [Youth](#)

[99. Down Your Drink - University College London](#)

<http://www.downyourdrink.org.uk> [Tweet](#)

4 out of 5 stars

UK Creator: University College London Last reviewed: 19/10/2018

Review: A practical evidence-based resource which provides information, guidance and self help tools such as a self-assessment survey to identify drinking levels and to help people reduce their alcohol use. Access to the resources is free but requires registration and logon to the secure site. Young people 18-25 will find this site particularly user-friendly.

Tags: [Alcohol](#), [Assessment](#), [Consumers](#), [Information](#), [Rehab](#), [Resources](#), [Screening](#), [Self-help](#), [Youth](#)

[100. Alcohol Research UK](#)

<http://alcoholresearchuk.org/> [Tweet](#)

4 out of 5 stars

UK Creator: Alcohol Research UK Last reviewed: 19/10/2018

Review: An independent agency funding research into alcohol-related harm: the causes, problems and solutions. Access to a library and research outcomes used to influence both policy and practice, and other resources and publications. The site is of particular interest to professionals working in the alcohol and other drug industry, social health professionals and research students. Free subscription available to regular e-news.

Tags: [Alcohol](#), [News](#), [Policy](#), [Professionals](#), [Research](#), [Resources](#), [Students](#)

