

[1. Here to Help - Here to Help together with BC Partners](#)

<http://www.heretohelp.bc.ca/> [Tweet](#)

5 out of 5 stars

Canada Creator: Here to Help together with BC Partners Last reviewed: 28/12/2017

Review: Excellent site providing practical, self-help and screening resources for people who use drugs and are experiencing comorbidity or other mental health issues. Includes a range of topics, including possible side-effects of using pharmaceuticals and polydrug use.

Recommended for alcohol and other drug counsellors, health professionals, consumers and their families to help them plan for recovery. Resources and information available in multiple languages.

Tags: [Comorbidity](#), [Counselling](#), [Families](#), [Information](#), [Mental health](#), [Multicultural](#), [People who use drugs](#), [Pharmaceuticals](#), [Polydrug use](#), [Professionals](#), [Screening](#), [Self-help](#)

[2. International Overdose Awareness Day - Penington Institute](#)

<http://www.overdoseday.com/> [Tweet](#)

5 out of 5 stars

International Creator: Penington Institute Last reviewed: 05/12/2017

Review: Initially started as an awareness campaign to support people who use drugs, their families, carers, friends and local communities to better understand the impacts of overdosing. It is now a powerful international campaign which addresses both intentional and unintentional overdose, and the potential harms of polydrug use. Empathetic support for families is in the testimonies of people suffering losses. An annual campaign is run culminating in an International Awareness Day (31st August). Included in the site is a series of user-friendly resources which are available online to download for free and an app which helps consumers and their families to recognise the signs of overdose with tips for prevention and early intervention. The global awareness campaign began in Australia.

Tags: [Advocacy](#), [Campaigns](#), [Carers](#), [Communities](#), [Early intervention](#), [Events](#), [Families](#), [Harm reduction](#), [Overdose](#), [People who use drugs](#), [Polydrug use](#), [Prevention](#), [Statistics](#)

[3. NSW Elder Abuse - Helping and Resource Unit](#)

<http://www.elderabusehelpline.com.au/> [Tweet](#)

4 out of 5 stars

Australia, NSW Creator: NSW Elder Abuse helpline and resource unit Last reviewed: 01/03/2018

Review: Support services, including a telephone helpline for people living in NSW, which provides information and referrals for seniors who are victims of psychological, financial, sexual, neglect or physical abuse. There is a PDF Toolkit which includes a section on risk factors for abuse. This section clearly identifies alcohol, substance or polydrug use (including prescription and OTC medications) abuse as significant risk factors. An excellent information site for professionals, GP's, families and carers.

Tags: [Abuse & violence](#), [Carers](#), [Families](#), [Helpline](#), [Information](#), [Polydrug use](#), [Professionals](#), [Seniors](#), [Telephone](#)

4. Urban75 Drug Info

<http://www.urban75.com/Drugs/index.html> [Tweet](#)

3 out of 5 stars

UK Creator: Urban75 Last reviewed:

06/12/2017

Review: Comprehensive harm reduction site with access to drug information, practical guidance, research outcomes, resources and links targeting people who use drugs, including polydrug use.

Registration is required to access the chat threads. While the legal information has a UK bias, the general tips for safe partying and keeping safe generally are universally valid.

Tags: [Addiction](#), [Comorbidity](#), [Consumers](#), [Harm reduction](#), [Information](#), [People who use drugs](#), [Polydrug use](#), [Safe injecting](#), [Safe partying](#)

[5. Western Region Alcohol and Drug \(WRAD\) Centre](#)

<http://www.wrad.org.au/> [Tweet](#)

0 out of 5 stars

Australia, VIC Creator: Western Region

Alcohol and Drug (WRAD) Centre Last

reviewed: 10/12/2018

Review: Offering a variety of early intervention, harm reduction and treatment options for people who use drugs or are experiencing dependency issues. Services range from Quit programs, to counselling, screening, detox, assessment and referral, supported accommodation for people at risk of being homeless, to medical and other pharmacological treatments, to alternate treatments such as art classes. Services also cover complex needs such as comorbidity or polydrug use. Targeted services offered for youth and indigenous Koori residents.

Information and help is also available to families. Based in Warrnambool. Note: This is a review of the provider's website and the information on it, not a review of the quality of their services.

Tags: [Alternative treatments](#), [Comorbidity](#), [Counselling](#), [Detox](#), [Diversion](#), [Early intervention](#), [Families](#), [Harm reduction](#), [Homeless](#), [Indigenous](#), [Outreach](#), [People who use drugs](#), [Polydrug use](#), [Rural and remote](#), [Safe injecting](#), [Screening](#), [Tobacco](#), [Youth](#)

6. Healthdirect Australia

<https://www.healthdirect.gov.au/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:
Australian Government - Department of Health -
Healthdirect Australia Last reviewed:

20/11/2018

Review: An online government service providing approved health information including general information about medicines and other pharmaceutical products; service directories for local emergency, general medical and referral contacts, including contacts for addiction, detox, rehab, mental health and co-morbidity services; a 24 hour telephone helpline, an A-Z of health conditions and symptoms; a symptom checker; and valuable general details about the medical use of drugs which are prescribed or accessed over-the-counter helping to avoid harmful drug or poly-drug use. This site is not intended to substitute professional medical advice.

Tags: [Addiction](#), [Detox](#), [Government](#), [Helpline](#), [Information](#), [Medical](#), [Mental health](#), [Online](#), [Pharmaceuticals](#), [Polydrug use](#), [Professionals](#), [Rehab](#), [Service directories](#), [Telephone](#)

[7. The Study of Patient Pathways in Alcohol and Other Drug Treatment - Turning Point](#)

<http://www.health.gov.au/internet/main/publishing.nsf/Content/study-of-patient-pathways-in-alcohol-and-other-drug-treatment> [Tweet](#)
5 out of 5 stars

Australia Creator: Turning Point as commissioned by the Australian Government Department of Health Last reviewed: 15/01/2018

Review: The Patient Pathways study was commissioned to analyse patient journeys through the drug and alcohol treatment service system. The excellent report resulting from the study is essential reading for professionals and services supporting people with problematic issues related to the misuse of alcohol or other drugs or experiencing comorbidity issues. The statistics, research and subsequent recommendations clearly identify high-risk populations, the value of residential treatments, the need for authentic assessments, referrals and aftercare, the overlap in service needs for people experiencing homelessness or who are currently in the criminal justice system. The report provides information on current drug and alcohol systems, client pathways through care, and inter-system connectivity, particularly hospitals, and the specialist/community and primary care sectors.

Tags: [Aftercare](#), [Alcohol](#), [Assessment](#), [Brief intervention](#), [Comorbidity](#), [Homeless](#), [Indigenous](#), [Outreach](#), [Policy](#), [Polydrug use](#), [Prisoners](#), [Rehab](#), [Residential treatment](#), [Statistics](#)

[8. alcohol.org.nz - Health Promotion Agency](#)

<http://www.alcohol.org.nz/> [Tweet](#)

5 out of 5 stars

New Zealand Creator: Health Promotion

Agency Last reviewed: 22/11/2017

Review: Government supported peak body providing resources, information, campaign materials and practical harm reduction strategies and interactive assessment tools to encourage the responsible use of alcohol. Access to specific information relating to pregnancy, foetal alcohol spectrum disorders, alcohol and aging, poly-drug use, self-assessment and other self-help information.

Tags: [Alcohol](#), [Assessment](#), [Campaigns](#), [Communities](#), [Consumers](#), [Foetal alcohol spectrum](#), [Government](#), [Harm reduction](#), [Information](#), [Peak bodies](#), [Policy](#), [Polydrug use](#), [Pregnancy](#), [Research](#), [Resources](#), [Self-help](#)

[9. Harmful drug use - SA Health](#)

<http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+topics/health+conditions+prevention+and+treatment/drugs/harmful+drug+use>
[Tweet](#)

4 out of 5 stars

Australia, SA Last reviewed: 30/01/2019

Review: Links to South Australian government-supported information and services targeting harmful drug use, including harm reduction, safe injecting programs, early intervention services, police drug diversion, and addiction and treatment facilities including residential treatment. Includes emergency and general information for consumers and other people who use drugs.

Tags: [Communities](#), [Consumers](#), [Early intervention](#), [Government](#), [Information](#), [Medical](#), [People who use drugs](#), [Polydrug use](#), [Referrals](#), [Residential treatment](#), [Safe injecting](#), [Service directories](#), [Statistics](#)

[10. Harmful drug use - SA Health](#)

<http://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/health+topics/health+conditions+prevention+and+treatment/drugs>

[Tweet](#)

4 out of 5 stars

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