

[71. Orygen](#)

<http://oyh.org.au/> [Tweet](#)

4 out of 5 stars

Australia, VIC Creator: Orygen, The National Centre of Excellence in Youth Mental Health

Last reviewed: 31/01/2019

Review: Comprehensive mental health, mental illness and comorbidity support and interventions for young people, their parents and families.

Cutting-edge research, policy development, innovative clinical services and evidence-based training and education are embedded in the total services. Clinical services are available in multiple locations servicing the western and north-western areas of Melbourne with online information, advocacy, resources and advisory activities being promoted nationally.

Tags: [Advocacy](#), [Assessment](#), [Clinical guidelines](#), [Education](#), [Families](#), [Information](#), [Mental health](#), [Peer support](#), [Prevention](#), [Research](#), [Residential treatment](#), [Training](#), [Youth](#)

[72. Client Services - Central Australian Aboriginal Congress](#)

<http://www.caac.org.au/client-services> [Tweet](#)

4 out of 5 stars

Australia, NT Creator: Central Australian

Aboriginal Congress Last reviewed:

31/01/2019

Review: Represents primary health services and provides advocacy, health promotion and early intervention strategies for improving the overall health outcomes for Aboriginal Australians living in rural and remote regions of the Northern Territory. Professionals, families and consumers can locate local community services for counselling, support with referrals or rehab, youth outreach, and specialised services for women, men, children, families and comorbidity issues. The congress has well established political and policy advocacy experience. Their PDF publications are best suited to community and public health managers.

Tags: [Advocacy](#), [Communities](#), [Comorbidity](#), [Counselling](#), [Early intervention](#), [Families](#), [Indigenous](#), [Mental health](#), [Outreach](#), [Prevention](#), [Rural and remote](#), [Youth](#)

[73. No Smokes - Menzies School of Health Research](#)

<http://nosmokes.com.au/> [Tweet](#)

4 out of 5 stars

Australia Creator: Menzies School of Health

Research Last reviewed: 18/12/2018

Review: Health promotion site created by and for Aboriginal and Torres Strait Islander. Provides a focus for youth who are thinking about quitting or needing more information on the effects of tobacco and smoking. Includes a factual animation that gives a clear picture about the disproportionate number of Indigenous Australians who die as a result of smoking or from being the victim of passive smoking. There are easy to use resources for teachers and health workers. Includes a diverse selection of interactive "fun stuff" designed for young people 12-25, many of the activities can easily be shared with parents and families.

Tags: [Education](#), [Families](#), [Health promotion](#), [Indigenous](#), [Information](#), [Online](#), [Parents](#), [Prevention](#), [Resources](#), [Students](#), [Teachers](#), [Tobacco](#), [Youth](#)

[74. Turning Point Alcohol and Drug](#)

<http://www.turningpoint.org.au/> [Tweet](#)

4 out of 5 stars

Australia, VIC Creator: Eastern Health -
Turning Point Alcohol and Drug Last
reviewed: 18/12/2018

Review: A peak agency providing world leading treatment and research in the drug and alcohol field. Consumers and families can access information, education resources, self-help tools, counselling, rehab referrals, outreach services, and online and telephone help. Professionals supporting clients with addiction or problematic AOD or comorbidity issues can benefit from regular professional development options, short courses, graduate programs, and access to clinical guidelines and research findings. Turning Point has established its authority in influencing state and national community and political policy in relation alcohol and other drugs. The organisation has significant harm reduction expertise.

Tags: [Addiction](#), [Assessment](#), [Clinical guidelines](#), [Comorbidity](#), [Consumers](#), [Counselling](#), [Early intervention](#), [Education](#), [Families](#), [Harm reduction](#), [Multicultural](#), [Outreach](#), [Peak bodies](#), [Policy](#), [Professional development](#), [Professionals](#), [Referrals](#), [Rehab](#), [Research](#), [Screening](#), [Self-help](#), [Training](#)

[75. Too Smart To Start - Substance Abuse and Mental Health Services Administration](#)

<https://www.samhsa.gov/too-smart-start> [Tweet](#)

4 out of 5 stars

USA Creator: Substance Abuse and Mental Health Services Administration Last reviewed: 17/12/2018

Review: US-based public education initiative providing research-based strategies and online materials for young people, parents and professionals at the school and community level to prevent underage alcohol use and binge drinking. Materials are aimed at 9–21 year olds. Engaging material for use in the classroom or with young people in alternate education situations. There are three distinct sections targeted towards teens, youth and families/educators.

Tags: [Alcohol](#), [Binge drinking](#), [Children](#), [Communities](#), [Curriculum](#), [Education](#), [Families](#), [Harm reduction](#), [Schools](#), [Self-help](#), [Youth](#)

76. Mind Australia

<https://www.mindaustralia.org.au/index.php?q=need-help/mind-services-in-victoria/mind-victoria/residential-services.html> [Tweet](#)

4 out of 5 stars

Australia, National services Creator: Mind Australia Limited Last reviewed: 10/12/2018

Review: Provides comprehensive services, information and resources for people experiencing mental health stress or disorders. Short and long term residential rehab programs are offered in some states, with access to face-to-face and online resources throughout Australia. Telephone helplines are available for consumers, families and carers. This is an excellent site for people requiring help to link to support which is most suited to their individual needs.

Tags: [Carers](#), [Comorbidity](#), [Families](#), [Helpline](#), [Mental health](#), [Peer support](#), [Rehab](#), [Residential treatment](#), [Youth](#)

[77. 2Connect -Youth & Community](#)

<https://2connect.org.au/> [Tweet](#)

4 out of 5 stars

Australia, NSW Creator: 2Connect Youth & Community Last reviewed: 10/12/2018

Review: Free prevention and early intervention youth health services including support for at-risk and homeless young people between the ages of 12 and 25 years, LGBTIQ young people and families. Also offers education programs and campaigns to limit harm from alcohol and other drugs, domestic violence and mental health. Targeted to young people living in and around the St George & Sutherland Shire of Sydney.

Tags: [Alcohol](#), [Campaigns](#), [Early intervention](#), [Events](#), [Families](#), [GLBTIQ](#), [Homeless](#), [Mental health](#), [Prevention](#), [Violence](#), [Youth](#)

[78. Resilience Research Centre - Dalhousie University](#)

<http://resilienceresearch.org/> [Tweet](#)

4 out of 5 stars

Canada Creator: Dalhousie University - Resilience Research Centre Last reviewed: 10/12/2018

Review: Leaders in resilience research employing diverse methodological approaches to study how children, youth and families cope with different kinds of adversity. Access to projects, resources and tools to assist with research and evaluation. Holds an annual international professional development conference and provides access to practical ways of enhancing resilience and mental health in youth, families, children and communities.

Tags: [Children](#), [Communities](#), [Education](#), [Evaluation](#), [Families](#), [Information](#), [Mental health](#), [Prevention](#), [Professional development](#), [Professionals](#), [Research](#), [Students](#), [Teachers](#), [Youth](#)

[79. OnTrack - Queensland University of Technology](#)

<https://www.ontrack.org.au/> [Tweet](#)

4 out of 5 stars

Australia Creator: School of Psychology and Counselling - Queensland University of Technology (QUT) Last reviewed:

27/11/2018

Review: Interactive online self-help treatment programs, information, resources and quizzes. Help available for consumers, families and friends where alcohol and/or mental health issues are impacting negatively on their lives or wellbeing. The evidence-based programs, fact sheets and other resources have been developed and trialled by psychologists in conjunction with an information technology team. Section for practitioners.

Tags: [Alcohol](#), [Assessment](#), [Clinical guidelines](#), [Comorbidity](#), [Consumers](#), [Education](#), [Families](#), [Information](#), [Mental health](#), [Professional development](#), [Professionals](#), [Rehab](#), [Self-help](#)

80. Patient informaiton brochures - Mater Mothers'

Hospital

<http://brochures.mater.org.au/Home/Brochures/Mater-Mothers-Hospital> [Tweet](#)

4 out of 5 stars

Australia, QLD Creator: Mater Mothers' Hospital

Last reviewed: 14/11/2018

Review: Hospital brochures available in PDF form exploring a myriad of prevention, early intervention and patient topics, including alcohol, amphetamines and other drug effects during and post pregnancy. Referral tips for quitting, early intervention and harm reduction. A good source of evidence-based practical health and well-being information for families and their newborn babies.

Tags: [Alcohol](#), [Amphetamines](#), [Early intervention](#), [Families](#), [Harm reduction](#), [Information](#), [Pregnancy](#), [Prevention](#), [Women](#)

