

[41. Drug Help - Australian Government](#)

[Department of Health](#)

<https://campaigns.health.gov.au/drughelp> [Tweet](#)

5 out of 5 stars

Australia Creator: Australian Government

Department of Health Last reviewed:

04/03/2018

Review: A National drugs campaign resource developed as part of the National Drug Strategy 2017 - 2026 which aims to reduce young people's motivation to use illegal drugs by increasing knowledge of the potential harms and negative consequences. Access to information on where to get treatment for consumers and educational resources about illicit drug use plus practical guidance for families on how to talk about the issue. Includes a 24hr hotline and online counselling service.

Tags: [Consumers](#), [Counselling](#), [Early intervention](#), [Education](#), [Families](#), [Harm reduction](#), [Information](#), [Online](#), [Prevention](#), [Referrals](#), [Resources](#)

[42. Alcohol and other drugs - ACON](#)

<http://www.acon.org.au/lgbti-health/alcohol-and-drugs/> [Tweet](#)

5 out of 5 stars

Australia, NSW Creator: ACON Health Last reviewed: 28/02/2018

Review: A community-based organisation promoting the health and wellbeing of gay, lesbian, bisexual and transgender people. There is harm reduction, safe injecting and general alcohol and drug information for people who use drugs. ACON has developed a 'stimulant health check-up' for GLBTIQ people who use ICE. Mental health and comorbidity issues are addressed for GLBTIQ people, their families and friends. Outreach services are available in multiple metropolitan and rural locations with telephone access to referrals, advice and other services.

Tags: [Amphetamines](#), [Campaigns](#), [Comorbidity](#), [Counselling](#), [Families](#), [GLBTIQ](#), [Harm reduction](#), [Health promotion](#), [Ice](#), [Infectious diseases](#), [Outreach](#), [Peer support](#), [People who use drugs](#), [Prevention](#), [Referrals](#), [Safe injecting](#), [Telephone](#)

[43. Siblings Australia](#)

<http://siblingsaustralia.org.au/> [Tweet](#)

5 out of 5 stars

Australia Creator: Siblings Australia Last reviewed: 19/02/2018

Review: Not-for-profit association committed to improving the support available for siblings of children and adults with chronic conditions including disability, chronic illness and mental health issues. The organisation provides advocacy, training and the development of peer support for this vulnerable group and their families. The website provides access to information about sibling support – services, resources, research and policy. Targetted to siblings, parents, workers and researchers. Subscription available to access regular e-news.

Tags: [Advocacy](#), [Associations](#), [Carers](#), [Families](#), [Peer support](#), [Resources](#), [Training](#)

[44. Suicide Prevention Australia](#)

<https://www.suicidepreventionaust.org/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator: Suicide Prevention Australia Last reviewed:

17/02/2018

Review: Not-for-profit peak bdy with membership available to organisations and individuals, including people with lived experience and their families. The association has clear aims to provide leadership for suicide prevention and the improvement of mental health for individuals and communities. There is a commitment to value the voice and cultural needs of our Indigenous people, to provide news, to lobby the Government to develop compassionate policies which can lead to best practice in suicide prevention, and to encourage the practical transformation of research in to practice.

Tags: [Associations](#), [Communities](#), [Families](#), [Harm reduction](#), [Health promotion](#), [Indigenous](#), [Mental health](#), [Peak bodies](#), [Policy](#), [Prevention](#), [Strategy](#)

[45. Cracks in the ice](#)

<https://cracksintheice.org.au/> [Tweet](#)

5 out of 5 stars

Australia Creator: Australian Government -

Department of Health Last reviewed:

02/02/2018

Review: An online toolkit providing evidence-based, up-to-date information and resources about crystal methamphetamine (ice) for Australian communities, curriculum for schools, links and resources for health professionals, and helpful information for families and friends who may be concerned that someone they care about is using ice. Free subscription enables access to email updates. Links to free apps which provide a significant portion of the toolkit are provided.

Tags: [Communities](#), [Curriculum](#), [Families](#), [Ice](#), [Information](#), [Online](#), [Professionals](#), [Resources](#), [Schools](#), [Self-help](#)

[46. Aboriginal Family Support Services](#)

<https://www.afss.com.au/programs> [Tweet](#)

5 out of 5 stars

Australia, SA Creator: Aboriginal Family Support Services Last reviewed:

30/01/2018

Review: Community-based programs to support Aboriginal and Torres Strait families to parent and raise safe and healthy children. Focus is on community safety and wellbeing, and the program provides prevention and early intervention strategies to address harms and promote health through tailored support to address alcohol, tobacco and other drugs. Located in rural and remote areas.

Tags: [Children](#), [Communities](#), [Early intervention](#), [Families](#), [Harm reduction](#), [Indigenous](#), [Parents](#), [Prevention](#), [Rural and remote](#), [Violence](#)

[47. Head to Health - Australian Government, Department of Health](#)

<https://headtohealth.gov.au/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator:

Australian Government - Department of Health

Last reviewed: 26/01/2018

Review: The penultimate go-to site to find online Australian mental health resources. The search tools are user-friendly when looking for information, advice, apps and programs which are government funded and suitable for self-help, developing personal wellbeing, or supporting family or friends. Links are also provided to websites, online forums, telephone and helplines, email and chat services. This is a great website for counsellors to share with clients, students and families.

Tags: [Families](#), [Government](#), [Helpline](#), [Information](#), [Mental health](#), [Online](#), [Resources](#), [Self-help](#), [Telephone](#)

48. Bridges

<http://www.bridges.org.au> [Tweet](#)

5 out of 5 stars

Australia, NSW Creator: Bridges Inc Last reviewed: 25/01/2018

Review: Provides multiple intervention and referral services for consumers with addiction issues. Families and peers who are impacted by the use of alcohol or other drugs, comorbidity issues or other related social issues are also provided with options for counselling, group work, peer support, access to information and other assistance. There is a strong ethos to develop community and social health connections to enable people to have multiple avenues of help and support at any one time. Located in Blacktown. Self-referral is available by phoning or completing the online referral form. NOTE: This is a review of the provider's website and the information on it, not a review of the quality of their services.

Tags: [Addiction](#), [Communities](#), [Consumers](#), [Counselling](#), [Education](#), [Families](#), [Information](#), [Outreach](#), [Peer support](#), [Referrals](#)

[49. Self Help Addiction Resource Centre \(SHARC\)](#)

<http://sharc.org.au/> [Tweet](#)

5 out of 5 stars

Australia, VIC Creator: Self Help Addiction Resource Centre (SHARC) Last reviewed: 22/01/2018

Review: Provides recovery opportunities for people who use drugs, families and communities affected by addiction, dependence issues or comorbidity. Programs include residential treatment, supported accommodation, family support, and access to the drug service users' association. The programs require a long-term commitment by consumers to want to their change lifestyle patterns and behaviours to achieve sobriety. People accessing this suite of services include those who are homeless or at risk of homelessness. Peer support and mentoring are key components of the success of the services.

Tags: [Addiction](#), [Comorbidity](#), [Consumers](#), [Families](#), [Harm reduction](#), [Homeless](#), [Mentoring](#), [Parents](#), [Peer support](#), [People who use drugs](#), [Rehab](#), [Residential treatment](#), [Self-help](#), [Telephone](#), [Youth](#)

[50. 1300 DRIVER - St Vincent's Hospital Sydney](#)

<http://www.1300driver.org.au/> [Tweet](#)

5 out of 5 stars

Australia, National services Creator: St Vincent's Hospital Sydney Last reviewed: 16/01/2018

Review: A targeted resource to support and improve the health and wellbeing of truckies with information and practical strategies suitable for their lifestyle. Provides an anonymous and confidential 24/7 helpline staffed by health professionals to truckies and their families. This offers direct support, information, counselling and referral for tobacco, alcohol, other drugs and comorbidity. Access online to self-check questionnaires on alcohol, tobacco, dependence and emotional wellbeing. This is a review of the provider's website and the information on it, not a review of the quality of their services.

Tags: [Addiction](#), [Alcohol](#), [Amphetamines](#), [Comorbidity](#), [Counselling](#), [Families](#), [Harm reduction](#), [Health promotion](#), [Helpline](#), [Information](#), [New psychoactive substances](#), [Referrals](#), [Screening](#), [Tobacco](#), [Workplaces](#)

