

1. Alcohol Use Disorders Identification Test (AUDIT)

<http://auditscreen.org/> [Tweet](#)

5 out of 5 stars

International Creator: JOHN B. SAUNDERS, MD, FRACP, FAFPHM, FACHAM, FRCP Last reviewed: 17/05/2018

Review: Based on data from a multinational World Health Organization collaborative study, the AUDIT (Alcohol Use Disorders Identification Test) questionnaire is a simple method of self-assessment and screening for excessive drinking and alcohol use disorders. It provides a framework for intervention to help risky drinkers reduce or cease alcohol consumption. The tool is particularly designed for health care practitioners, but with suitable instructions it can be self-administered or used by non-health professionals. This site is useful for professionals working with multicultural clients as it includes the AUDIT in downloadable PDF format in multiple languages.

Tags: [Alcohol](#), [Assessment](#), [Harm reduction](#), [Multicultural](#), [Screening](#), [Self-help](#)

[2. Screening and Assessment -Drug and Alcohol Clinical Advisory Service \[DACAS\]](#)

http://www.dacas.org.au/Clinical_Resources/Screening_and_Assessment.aspx
[Tweet](#)

4 out of 5 stars

Australia, VIC Creator: Turning Point Alcohol & Drug Centre - Drug and Alcohol Clinical Advisory Service Last reviewed: 17/05/2018

Review: Archived site with general information about a variety of screening and assessment tools including AUDIT (Alcohol Use Disorders Identification Test), The Kessler 10, and FRAMES (a brief intervention for harmful or risky drinking). The information can be downloaded in PDF format. Useful for consumers, their families, friends or carers to read to better understand the possibilities for intervention.

Tags: [Assessment](#), [Carers](#), [Consumers](#), [Families](#), [Information](#), [Screening](#)

3. Drug and Alcohol Addiction

<http://www.innisfreehealth.com/drug--alcohol-addiction?gclid=CKHY3-LastlCFdcRvQodGpUHBQ> [Tweet](#)

0 out of 5 stars

Australia, VIC Creator: Innisfree Health Pty Ltd

Last reviewed: 17/05/2018

Review: Private residential treatment for addiction to or dependence on alcohol or other drugs. The programs in this rural facility are structured around the Chinese chi cycle and feature alternative treatments which are underwritten by the principles of traditional Chinese medicine.

Online self-referral is available. NOTE: This is a review of the provider's website and the information on it, not a review of the quality of their services.

Tags: [Addiction](#), [Alternative treatments](#), [Online](#), [Referrals](#), [Residential treatment](#)

[4. Aboriginal alcohol consumption - Creative Spirits](#)

<https://www.creativespirits.info/aboriginalculture/health/aboriginal-alcohol-consumption> [Tweet](#)

4 out of 5 stars

Australia Creator: Creative Spirits Last reviewed:

17/05/2018

Review: Facts, statistics and contemporary information about Aboriginal culture and history in Australia. This section on the traditional Indigenous relationship with alcohol, including exposure to alcoholic drinks prepared from native vegetation, provides an interesting insight to a less harmful drinking culture. A good site for use by social science and health education teachers in upper primary and middle school curriculum or senior school global politics teachers as there is enlightening background to traditional alcohol management techniques. Professionals working with Indigenous communities providing health promotion resources can imbed the anthropology cited on the site in modern prevention resources.

Tags: [Alcohol](#), [Curriculum](#), [Harm reduction](#), [Health promotion](#), [Indigenous](#), [Information](#), [Policy](#), [Prevention](#), [Statistics](#), [Strategy](#), [Teachers](#)

5. ResearchGate

<https://www.researchgate.net/> [Tweet](#)

4 out of 5 stars

International Creator: ResearchGate Last reviewed: 16/05/2018

Review: A portal that links academic, corporate and medical researchers from around the world to share publications, create exposure for work, get stats on research and connect with colleagues through a knowledge hub. Access alcohol and other drug related articles through the search capacity. Free to join.

Tags: [Addiction](#), [Professionals](#), [Research](#), [Resources](#), [Statistics](#)

[6. 24/7 anonymous crisis support - The Samaritans](#)

<http://www.thesamaritans.org.au> [Tweet](#)

5 out of 5 stars

Australia, WA Creator: The Samaritans Last reviewed: 16/05/2018

Review: A 24/7 telephone helpline counselling service for people who may be struggling with addiction or substance abuse, mental health issues, comorbidity, depression, personal problems, or who are suicidal. Options available for persons with a multicultural background or who are deaf or have other disabilities which make talking on a telephone difficult. The organisation also uses volunteers to conduct a respected outreach education program providing health promotion, harm reduction and awareness to reduce the risk of suicide. The latter program has options for schools and community groups.

Tags: [Comorbidity](#), [Counselling](#), [Depression](#), [Disabilities](#), [Education](#), [Helpline](#), [Mental health](#), [Multicultural](#), [Outreach](#), [Telephone](#), [Volunteers](#)

[7. Steer Clear | Drive Drug Free - NZ Drug Foundation](#)

<http://www.steerclear.co.nz/> [Tweet](#)

4 out of 5 stars

New Zealand Creator: NZ Drug Foundation

Last reviewed: 16/05/2018

Review: An interactive site targeting young people who use drugs, in particular cannabis, to raise their awareness of their ability to perform complex tasks such as driving a vehicle.

Provides simulated activities, a great blog with real-life harm reduction ideas, an awareness and health promotion video campaign and safe partying tips. A useful site for health education teachers, parent evenings and for use in alternative education classes.

Tags: [Campaigns](#), [Cannabis](#), [Drivers](#), [Education](#), [Harm reduction](#), [Health promotion](#), [Information](#), [Parents](#), [People who use drugs](#), [Prevention](#), [Safe partying](#), [Teachers](#), [Youth](#)

[8. Projects about Violence, Drugs and Alcohol - Scottish Centre for Crime & Justice Research - University of Glasgow](#)

<http://www.sccjr.ac.uk/projects/?theme=4857&type=all&active=all> [Tweet](#)

5 out of 5 stars

UK Creator: University of Glasgow Last reviewed: 16/05/2018

Review: Produces high quality internationally recognised theoretical, empirical and applied research relating to crime and criminal justice, the effectiveness of drug courts, and other justice and law issues related to alcohol and drug crimes. Mostly relevant to policy makers, academics and diversion professionals. Access to research abstracts and project overviews.

Tags: [Crime](#), [Drug courts](#), [Evaluation](#), [Harm reduction](#), [Justice](#), [Law Enforcement](#), [Policy](#), [Professionals](#), [Research](#), [Statistics](#), [Violence](#)

[9. Alcohol Rehab Centre in Sydney, NSW Alcohol Treatment](#)

<https://www.thecabinsydney.com.au/alcohol-rehab-centre/> [Tweet](#)

0 out of 5 stars

Australia, NSW Creator: The Cabin Sydney

Last reviewed: 16/05/2018

Review: Private addiction treatment centre dealing with substance addictions such as alcohol and other drugs, as well as process addictions such as gambling, sex or compulsive use of the internet. It is a multi-national treatment centre with residential treatment being provided off-shore in Thailand and outpatient services being offered in Sydney. Free, confidential assessments are offered in Sydney.

The programs integrate treatment models including core elements of 12-step programs, CBT (Cognitive Brain Therapy) and mindfulness meditation. Self-referrals are possible via telephone or email. NOTE: This is a review of the provider's website and the information on it, not a review of the quality of their services.

Tags: [12-step programs](#), [Addiction](#), [Assessment](#), [CBT](#), [Email](#), [People who use drugs](#), [Referrals](#), [Residential treatment](#), [Telephone](#)

[10. Matters of Substance – Canadian Institute for Substance Use Research](#)

<https://onlineacademiccommunity.uvic.ca/carbc/>
[Tweet](#)

4 out of 5 stars

Canada Creator: Canadian Institute for Substance Use Research Last reviewed: 16/05/2018

Review: A knowledge exchange on substance use, addiction, policy and social health issues. Access to well referenced and evidence-based blog series on alcohol and other drug policy, statistics, toolkits and publications for different target groups. Issues addressed are contemporary and internationally recognised as requiring sensitivity and objectivity when developing policy, law enforcement, health promotion and clinical guidelines. Registration is required to access notifications.

Tags: [Addiction](#), [Clinical guidelines](#), [Information](#), [Law Enforcement](#), [Policy](#), [Professionals](#), [Rehab](#), [Research](#), [Statistics](#)

