

[1. Australian Child & Adolescent Trauma, Loss and Grief Network - ANU College of Health and Medicine](#)

<http://earlytraumagrief.anu.edu.au/> [Tweet](#)

4 out of 5 stars

Australia, National services Creator: The Australian National University - College of Health and Medicine Last reviewed: 13/02/2018

Review: Online space for those interested in children, adolescents and their futures. The network allows teachers, counsellors, parents and professionals an exciting opportunity to work towards the common goal of supporting positive and hopeful outcomes for young people and their families experiencing abuse and violence, trauma, loss or grief. Use the search tool to find Australian and international research, resources and articles related to alcohol and other drugs, substance abuse, addiction or mental health.

Tags: [Abuse & violence](#), [Addiction](#), [Children](#), [Information](#), [Mental health](#), [Online](#), [Research](#), [Resources](#)

[2. Get Healthy - Information and Coaching Service](#)

<https://www.gethealthynsw.com.au/> [Tweet](#)

5 out of 5 stars

Australia, NSW Creator: NSW Government - Health Last reviewed: 13/02/2018

Review: A free, confidential telephone service which can help individuals to make lifestyle changes including alcohol reduction. Once registered, an individual can access the service for 6 months. The support includes a personal health coach, telephone coaching and up to 10 free coaching calls. Once the 6 months free coaching is completed, individuals can re-enrol or opt for 6 months of free SMS coaching. This is a user-friendly site for people who believe they will be able to manage their weight and health better if they reduce their alcohol intake.

Tags: [Alcohol](#), [Counselling](#), [Telephone](#)

[3. Alcohol and Other Drugs - Youth \(DAISY\)](#)

<http://www.catholiccarent.org.au/services/alcohol-and-other-drugs-youth-daisy> [Tweet](#)

0 out of 5 stars

Australia Creator: Catholic Care NT Last

reviewed: 09/02/2018

Review: Supports young people who are affected by drugs and alcohol and their families by providing information, counselling and case management. It also aims to reduce the incidence and uptake of substance use amongst young people in Darwin, Palmerston and the rural area and to increase community knowledge of the issues for young people who use drugs and alcohol and increase the community's capacity to respond to these issues. The programs operate using a harm reduction model. Options for online and paper referrals. NOTE: This is a review of the provider's website and the information on it, not a review of the quality of their services.

Tags: [Counselling](#), [Harm reduction](#), [Indigenous](#), [Information](#), [Online](#), [People who use drugs](#), [Referrals](#), [Rural and remote](#), [Youth](#)

[4. Conversations matter - Resources for discussing suicide](#)

<http://www.conversationsmatter.com.au/> [Tweet](#)

0 out of 5 stars

Australia Creator: Hunter Institute of Mental Health Last reviewed: 09/02/2018

Review: A suite of online resources developed to support community discussion about mental health and suicide. The resources provide practical information for communities and professionals to guide conversations about suicide, including prevention and tips for the difficult task of advising children, families or friends of a suicide. The resources are the first of their kind internationally and have been developed with the support of academics, service providers, people with lived experience and community members in New South Wales and across Australia. Subscription is available to receive updates on the resources via email.

Tags: [Communities](#), [Mental health](#), [News](#), [Online](#), [Prevention](#), [Professionals](#), [Resources](#), [Workplaces](#)

[5. Healthy Liveable Cities Group - Centre for Urban Research - RMIT](#)

<http://cur.org.au/research-programs/healthy-liveable-cities-group/> [Tweet](#)

4 out of 5 stars

Australia, VIC Creator: RMIT - Centre for Urban Research Last reviewed:

09/02/2018

Review: Inter-disciplinary research centre focused on the fields of urban planning and social and environmental urban research. While the research does not address issues specifically related to alcohol and other drugs, there is access to several published abstracts which provide focus on urban policy and the effects on social health, social advantage and social disadvantage. Of most interest to academics and local government professionals with responsibilities for urban and environmental planning.

Tags: [Policy](#), [Research](#), [Statistics](#)

[6. HEALTH - OECD Better Life Index](#)

<http://www.oecdbetterlifeindex.org/topics/health/>

[Tweet](#)

4 out of 5 stars

International Creator: OECD Last reviewed:

09/02/2018

Review: The data and statistics provided on this site provide an excellent multicultural snapshot to perceived health and wellbeing. While not specifically about alcohol and other drugs, the data provides a valuable reference point to wider health and wellbeing issues.

Tags: [Databases](#), [Multicultural](#), [Statistics](#)

[7. Crew Enterprise](#)

<http://www.mindaltering.co.uk/> [Tweet](#)

5 out of 5 stars

UK Creator: Crew Last reviewed:

08/02/2018

Review: NGO which engages with thousands of professionals each year on diverse issues related to drugs including, but not restricted to, workplace issues, management of drug-related incidents, expert witness services, and training to work better with people who use drugs. ic of drugs. In addition, the organisation provides support and information through peer education, outreach and support services. The training and mentoring services are targeted to inform front line workers, teachers, paramedics and police through the courts and government. Evidence-based publications such as their reports on new psychoactive substances are available to be downloaded free of charge.

Tags: [Information](#), [Mentoring](#), [New psychoactive substances](#), [Outreach](#), [Peer support](#), [Police](#), [Professionals](#), [Teachers](#), [Training](#), [Workplaces](#)

8. The Maryland Collaborative

<http://marylandcollaborative.org/> [Tweet](#)

5 out of 5 stars

USA Creator: The Maryland Collaborative Last reviewed: 07/02/2018

Review: An excellent collaborative project promoting evidence-based strategies to tertiary students, universities and parents to help reduce harms caused by the risky drinking of alcohol. The PDF 'Guide to Best Practice' is available to be downloaded - a valuable tool for universities to assist in the development of policies and strategies which encourage safe partying and reduce binge drinking in this age demographic. Subscription provides automatic access to the latest research and resources.

An excellent collaborative evidence-based initiative encouraging strategies, policies and sharing of research to help reduce the incidences of binge drinking and other risky alcohol consumption behaviours by tertiary students. Resources and the PDF, 'Guide to Best Practice' are available free to other universities, students and parents. This youth demographic has traditionally been difficult to access and influence with effective health promotion and harm reduction campaigns.

Tags: [Alcohol](#), [Binge drinking](#), [Harm reduction](#),
[Parents](#), [Safe partying](#), [Strategy](#), [Students](#),
[Universities](#)

[9. Drug and Alcohol Counselling - Life supports Counselling](#)

<https://lifesupportscounselling.com.au/specialist-areas/drug-and-alcohol-counselling/> [Tweet](#)

0 out of 5 stars

Australia Creator: Life Supports Counselling Last reviewed: 06/02/2018

Review: Network of professional counsellors providing counselling services for individuals, couples and families. Use the search tool to find drug and alcohol or anxiety or depression counselling services in your local area. NOTE: This is a review of the provider's website and the information on it, not a review of the quality of their services.

Tags: [Anxiety](#), [Counselling](#), [Depression](#), [Families](#)

[10. Keep Rx Safe](#)

<http://keeprxsafe.com/> [Tweet](#)

4 out of 5 stars

USA Creator: Indiana Prevention Resource Center Last reviewed: 03/02/2018

Review: Interesting site with plain language descriptions of, and information and statistics about, possible misuses of prescription medications. The evidence-based site is clear that many people have the potential to develop tolerances to, dependencies on, or addiction to pharmaceuticals. The site has tailored information, prevention ideas and early intervention strategies for parents, youth and adults.

Tags: [Addiction](#), [Parents](#), [Pharmaceuticals](#), [Prevention](#), [Statistics](#), [Youth](#)

